



Mad Studies Group Agenda

With Lived Experience Practitioner Focus

Thursday 11 April 2019, 5pm – 6.30pm

@ 52 Pritchatts Road, University of Birmingham – Room 412 (4th Floor of Psychology)

Introductions:

Papers for Consideration:

The group was interested in the unique issues faced by BME service users and Lived Experience Practitioners. Thank you to group member **Mushtak Mirza** who has who suggested that we discuss an article on this subject – either a volunteer on the day or the facilitator will give the group a synopsis of this paper so that everyone in the group can join in the discussion:

A Call For Social Justice: Changes to policy and practice that will improve the lives and mental wellbeing of mental health service users from Black and Minority Ethnic communities – Manifesto by Kindred Spirit: <https://www.nsun.org.uk/Handlers/Download.ashx?IDMF=e4a17b4c-04bb-49c0-9493-68fe2e188725> - The group previously brought up the issues faced by service users from BME backgrounds, and we decided to review a paper which would focus on this.

Madness and the Demand for Recognition – Mohammed Abouelleil Rashed (Pages 3-17):

We will consider the first half of Chapter 1 of 'Madness and the Demand for Recognition' published recently by **Mohammed Abouelleil Rashed** on the history of Mental Health Activism. Thank you to group member **Barbara Norden** who has offered to provide a synopsis for the group. Please contact tamar@pinkskythinking.com for details on how to access the materials.

Mad Studies on *Pink Sky Thinking* Blog: www.pinkskythinking.com/blog

Mad Studies on *Pink Sky Thinking* YouTube Channel: <https://youtu.be/Kj5dco4RUkw>

Next Meeting: Thursday 2 May, 5pm – 6.30pm @ Room 412, 52 Pritchatts Road, University of Birmingham, Birmingham, B15 2SA



Papers for consideration:

Both suggestions to be agreed within group:

Article on current issues: TBC

Mad Studies history: Madness and the Demand for Recognition – Mohammed Abouelleil Rashed
(Chapter 1, p. 17 - 37)

Reflections from attendees:

There is no obligation to offer reflections or feedback, however some people find it helps to embed their learning during the group, or want to give a response to their experience.

Thoughts on the papers can include how you felt when reading the paper, what you thought of the content, whether you agree or disagree. Reflections are also particularly encouraged that share how you think this knowledge will impact on the way you work as a Lived Experience Practitioner, or how you support Lived Experience Practitioners within your workplace.

Your reflections on being in the group and the impact of being with other people who work in or are interested in this area are also very welcome.

Attendees who want to do this can do so via the following ways:

Mad Studies Vlog: Attendees can give feedback via video for the Mad Studies Vlog which is hosted on the Pink Sky Thinking YouTube channel

Mad Studies Blog: Attendees can also submit writing to be included in the blog or guest blogs on their reflections to be posted on the Pink Sky Thinking 'Mad Studies' blog.

Meeting Notes: Written feedback (i.e. reflections on the papers) can be provided to be included in the meeting notes.